

SOUL *Revival*

with Tricia Brennan
Tricia draws on her clairvoyant ability and extraordinary intuition to get right to the heart of your problems.

Got issues? Life not working out the way you want?
Let Tricia tune in and turn on your true potential.

BELIEVE IT OR NOT

I keep catching my boyfriend telling little white lies. I love him deeply, but I think he has a problem. I can't seem to believe anything he says to me anymore. It's now affecting every aspect of our relationship. Can it ever work long term without trust?

Suspicious

DEAR SUSPICIOUS,

Your boyfriend is a man who is scrambling to stand on solid ground because he doesn't trust himself. His self-esteem has corroded along with his integrity. He needs to build his strength and courage and mend the damage through authentic communication. Insist on honesty or he's out! If he pledges to love, nurture and protect the partnership and shows consistent positive changes in his behaviour, you have a chance. You both need to build security in the partnership by developing a deeper level of intimacy. That means knowing each other - inside out. Are you both ready for that?

CAN'T WORK IT OUT

I feel as though I am at the crossroads of my life. I run a successful business as a personal trainer and have a great personal life, so why do I feel incomplete? Is there a greater purpose for me?

Soul Seeker

DEAR SOUL SEEKER,

Your intuition is your most reliable compass to point you towards fulfilling your ultimate destiny. Get in touch with your feelings and be honest with yourself about who you want to be. Then give yourself permission to shine and not hide behind others. You have a fear of being left behind and so you often compromise your personal choices in order to feel needed and belong. We can choose to walk the path of mediocrity or aspire to greatness, depending on how generously we view ourselves. It is time for you to gain a deeper appreciation of your soul. This path will bring you the greatest joy, because you will have more to share with others.

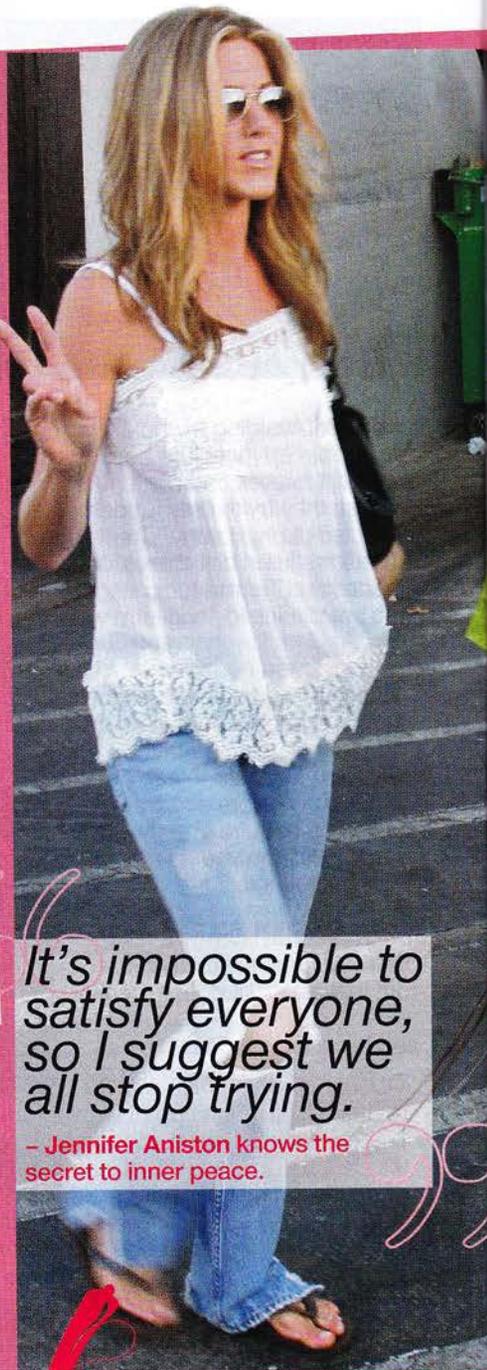
RUNNING ON EMPTY

I find it really difficult to balance my job and my life. I'm a senior executive and work can take up all my time if I let it. Family is important to me, as are my friends and my interests. I need advice on how to stop letting my career always take first place in my life.

Out of Kilter

DEAR OUT OF KILTER,

It's time to shuffle the deck on your priorities so hearts are trumps! For things to flow in your life more gracefully you need to trust your external and internal resources. Recognise that you deserve to be loved and supported and allow others to do just that. Open yourself up to kicking back. Firmly set your intention to work fewer hours and produce even greater results and then watch for clues on how to implement positive changes. The universe will offer you the means to succeed at anything as long as you surrender your doubts!



It's impossible to satisfy everyone, so I suggest we all stop trying.

- Jennifer Aniston knows the secret to inner peace.

FAMOUS

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